



**Bright  
Path**

The best start in life

	<b>Morning Snack</b>	<b>Afternoon Snack</b>
<b>Monday</b>	Greek yogurt with granola	Fresh veggies and hummus
<b>Tuesday</b>	Bananas with sunflower butter and blueberries	Clementine and pretzels crisps
<b>Wednesday</b>	Go-Gurt with cheerios	Red quinoa and chia chips with salsa
<b>Thursday</b>	Overnight oats with fresh berries	Ham and cheese roll-ups
<b>Friday</b>	Yogurt bark with granola and fresh berries	Energy ball