

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Whole Grain Cheerios, Seasonal Fresh Fruit, Milk	French Toast Stick and Applesauce	Yogurt Parfait with Vanilla Yogurt, Seasonal Fresh Fruit, and Granola	Whole Grain Waffle and Seasonal Fresh Fruit	Rice Cakes and Seasonal Fresh Fruit
	Water	Water	Water	Water	Water
Lunch	Mac & Cheese Broccoli Peaches	Chicken Patty Sandwich V: Sun Butter and Jelly Sandwich Peas Seasonal Fresh Fruit	Cheese Ravioli with Marinara Sauce Green Beans Pineapple	Fish Taco V: Black Bean Taco Rice Pilaf Cucumber Slices Apples	Whole Grain Pizza Garden Salad Pineapple
	Milk	Milk	Milk	Milk	Milk
PM Snack	Sweet Potato Crackers Seasonal Fresh Fruit	Pita Wedges and Cucumbers with Hummus	Sun Butter and Apple Slices with Graham Crackers	Banana Muffin with Cream Cheese and Seasonal Fresh Fruit	Cherry Tomatoes and Red Pepper Sticks with Tzatziki Dip
	Water	Water	Water	Water	Water

• V=Vegetarian option listed in green

• Infants will be offered the same as older children when developmentally appropriate