# **Choose the best start in life.**







# frögstreet

# Curriculum

Our unique curriculum is a blend of organized instruction and an Emergent approach. Backed by extensive research in early learning and brain development, the curriculum focuses on building both academic and social/emotional skills daily. Our curriculum exceeds the provincial early learning framework and early childhood services standards.

At its core, our curriculum establishes **a love of learning**. It offers an age-appropriate, continuum of learning as your child moves from Infant (0-18 months), to Toddler (18-36 months), to Threes (36-48 months), and to Pre-K (48-60 months). Children are offered **free choice activities** promoting exploration and discovery.

### Developmental Learning Domains

Language Cognitive Social and Emotional Physical



Our Emergent program embraces observation, planning, implementation, reflection and documentation as its **fundamental** processes.

### **Key Components**

- Program is developmentally appropriate, intentional, child-initiated and process-based
- Early childhood educators make daily observations of the children's interests and curiosity, and base their planning, activities and projects on their observations
- The approach builds intrinsic motivation and instills a life-long love of learning
- Learning is made visible through documentation



# **Inter-Curricular**

The inter-curricular program is an important part of learning. Our program offerings change frequently throughout the year to promote holistic development, engage the interest of the child, and establish a **love of arts and movement** in a variety of disciplines.

# Yoga

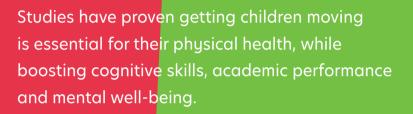
Yoga strengthens and helps developing bodies become more flexible and coordinated. It also enhances self-awareness as children learn early to tune into their bodies.

When practicing yoga, children learn how to relax their minds and bodies and self-regulate through conscious breathing techniques and meditation.



# Inter-Curi

## WeeMove



WeeMove™, our literacy program, research in mind. fitness around a is offered to our p groups.

The program is designed to engage the children on multiple levels, instilling a love of movement while making learning fun. Set to music and generally taught outdoors, children will participate in this program once a day, four days a week.



ttps://brightpathkids.com nutrition/

# **Our Dining Experience**

**Nutrition** is essential to fuel optimal growth and development in order for children to reach their full potential. BrightPath has partnered with a Registered Dietitian to ensure that all meals and snacks on our menu meet the highest nutritional value.

Our lunches and snacks are made from scratch, using fresh ingredients sourced locally whenever possible. Our menu rotates on a four-week basis and is modified seasonally to offer variety and balance. Our guidelines reduce the intake of sugar and salt as we believe that food choices during childhood lay the foundation for life long eating habits.

All BrightPath centres are completely nut-free and we work with the families of children that have other food sensitivities and allergies to ensure the safety and well-being of all children in our centres.

If your child requires a special diet for cultural or medical reasons, we will do our best to accommodate your family's needs.

# **Our People**

The individuals that make up our teams are passionate and strive to deliver the very best care for every child. We follow a robust recruitment process and onboarding training to ensure the best delivery of our programs. All our educators are certified early childhood educators and have completed first aid training as per regional regulations.

Furthermore, we provide ongoing program and safety training that enable our educators to provide holistic learning in safe and joyful environments. Each child's safety and well-being is our top priority. Our educators support children's play experiences while encouraging them to explore, discover and unleash their potential. Our educators are the ones who ultimately make our programs fun and interesting, and we trust them to make every day special.

# Safety

With the emergence of **COVID-19** within our communities, we proactively altered our practices taking immediate measures to ensure the health, safety, and well being of our children, our educators, and our families.

Over the past year, we have worked closely with our regional health authorities and have adapted our protocols to implement the highest standards of hygiene and sanitation practices. Learn how BrightPath is taking extra steps and preventative measures to keep your children healthy and safe during COVID-19.

Visit us online at: https://brightpathkids.com/covid-19/ To learn more about our safety measures watch our safety video here.



# Connect

We recognize it is hard to find the time to stop and discuss your child's day with their educators at pick up. That is why BrightPath is proud to offer our complimentary parent communication app that helps families feel **connected**.

### **Features**

### **Digital Scrapbook:**

Access your child's portfolio filled with learning stories, pictures and videos. Download the ones you love!

### Milestone Tracker:

Follow your child's development and track achieved milestones.

### **Daily Reports:**

Check-in on your child's meals, snacks, sleep, toileting, activities and observations.

Available on the App Store



# Thinking about Subsidy?

Questions about subsidy and child care benefits? There are several government funding options that could help you with the costs of childcare. If you need help or have questions about applying for or about benefits, please reach out to your regional government program.

Our team is always available to help with the complexity of government support.

Alberta	
British Columbia	
Ontario Regional	
Halton	Hamilton
Ottawa	Peel
Simcoe	Waterloo
Windsor	York

# **Discovery Zone**

### Preschool 2022

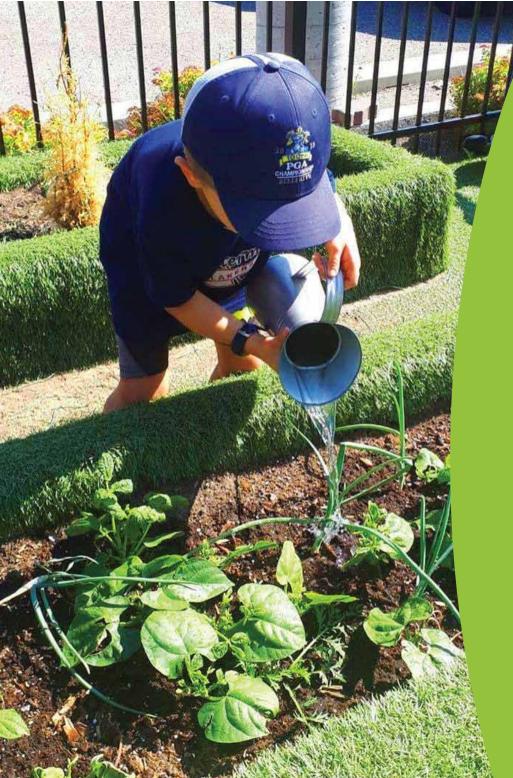
**Theme 1** Meaning & Mindfulness June 27-July 8, 2022

**Theme 3** Design! Create! Construct! July 25-August 5, 2022

### Theme 5

Earth Explorations: Past, Present & Future! August 22-September 2, 2022 **Theme 2** Discovery & Innovation July 11-July 22, 2022

**Theme 4** Environmental Stewardship August 8-August 19, 2022



# **Discovery Zone**

# School Age 2022

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