

Lunch Menu

| | | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--------|--|---|---|---|---|
| W | /eek 1 | Italian Turkey Meatballs Garlic Bread Carrots Mandarin Oranges | Chicken Parmesan over Rigatoni with Marinara Sauce Tossed Salad with Dressing Seasonal Fresh Fruit | Macaroni and Cheese Broccoli Banana | Toasted Cheese on Whole Wheat Bread Tomato Soup Apple Wedges | Ranch Chicken Wraps with Cheese, Lettuce, and Tomatoes Sliced Cucumbers Orange Wedges |
| w | /eek 2 | Whole Wheat Cheese Pizza Green Beans Pineapple | Sunflower Butter and Fruit Spread Sandwich on Whole Wheat Bread Carrots Orange Wedges | Cheese Ravioli with Marinara Sauce Broccoli Seasonal Fresh Fruit | Breakfast for Lunch! Turkey Sausage and Cheese on a Bagel Carrots Banana | Turkey Burger Sliders on Whole Wheat Bun Coleslaw Apple Wedges |
| W | /eek 3 | Toasted Cheese on Whole Wheat Bread Tomato Soup Mandarin Oranges | Taco Tuesday! Soft Tacos with Chicken, Lettuce, Tomato, Cheese and Salsa Apple Wedges | Italian Turkey Meatballs and Marinara Sauce Tossed Salad Garlic Bread Banana | Veggie Nuggets Broccoli Seasonal Fresh Fruit | Chicken Noodle Soup Soft Bread Sticks Tossed Salad with Dressing Banana |
| w | eek 4 | Sunflower Butter and Fruit Spread Sandwich on Whole Wheat Bread Green Beans Applesauce | Whole Wheat Cheese Pizza Tossed Salad with Dressing Seasonal Fresh Fruit | Breakfast for Lunch! Turkey Sausage and Cheese on a Bagel Carrots Apple Wedges | Macaroni Elbows with Plant-based Crumbles and Marinara Sauce Broccoli Bananas | Pita Pocket Wedges with Hummus Cucumber Slices Raisins Orange Wedges |

Milk is served with each lunch.



Vegetarian Lunch Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|--|---|--|--|--|
| Week 1 | Veggie Nuggets Garlic Bread Carrots Mandarin Oranges | Rigatoni with Marinara Sauce Tossed Salad with Dressing Seasonal Fresh Fruit | Macaroni and Cheese Broccoli Banana | Toasted Cheese on Whole Wheat Bread Tomato Soup Apple Wedges | Veggie Wrap with Black Beans, Cheese, Lettuce, and Tomatoes Sliced Cucumbers Orange Wedges |
| Week 2 | Whole Wheat Cheese Pizza Green Beans Pineapple | Sunflower Butter and Fruit Spread Sandwich on Whole Wheat Bread Carrots Orange Wedges | Cheese Ravioli with Marinara Sauce Broccoli Seasonal Fresh Fruit | Breakfast for Lunch! Toasted Bagel with Cheese Carrots Banana | Veggie Nuggets Whole Wheat Bun Coleslaw Apple Wedges |
| Week 3 | Toasted Cheese on Whole Wheat Bread Tomato Soup Mandarin Oranges | Taco Tuesday! Soft Tacos with Black Beans, Lettuce, Tomato, Cheese and Salsa Apple Wedges | Macaroni Elbows and Marinara Sauce Tossed Salad with Dressing Garlic Bread Banana | Veggie Nuggets Broccoli Seasonal Fresh Fruit | Vegetable Soup Soft Bread Sticks Tossed Salad with Dressing Banana |
| Week 4 | Sunflower Butter and Fruit Spread Sandwich on Whole Wheat Bread Green Beans Applesauce | Whole Wheat Cheese Pizza Tossed Salad with Dressing Seasonal Fresh Fruit | Breakfast for Lunch! Toasted Bagel with Cheese Carrots Apple Wedges | Macaroni Elbows Plant-Based Crumbles and Marinara Sauce Broccoli Bananas | Pita Pocket Wedges with Hummus Cucumber Slices Raisins Orange Wedges |

Milk is served with each lunch.



Snack Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------|-----------------------------------|---------------------------------|--|---------------------------------|---|
| Morning Snack | Cereal with Milk | French Toast and Fruit | Yogurt and Fruit | Pancakes and Fruit | Whole Wheat Bagel with Cream Cheese |
| Afternoon Snack | Whole Wheat Goldfish and Fruit | Applesauce and String Cheese | Sunflower Butter with Graham Crackers and Fruit | Fresh Vegetables with Hummus | Fruit Slices and Cheese |

Water is served with each snack.